



Newsletter #17 13 November

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Navigating our Newsletter

If you're looking for an easy way to find relevant information and sections in our newsletter, try using the navigation button in the bottom right of your screen.

Simply select the section you would like and away you go!

Diary Dates

Friday November 14

Inter School Sports Patto

Whole School Assembly 2:45pm

Friday November 21

Inter School Sports Patto

Monday November 24

Pupil Free Day - No Students at School Today

Friday November 28

Year 2 Melbourne Zoo Excursion

Whole School Assembly 2:45pm

Inter School Sports Patto

Tuesday December 2

Environment Leaders Dolphin Swim

Wednesday December 3

Swimming Trials - 9 years old and above - Please let the office know if your child/ren will be attending.

Thursday December 4

2026 Foundation - Information Evening

Friday December 5

Year 6 Radio Excursion - Selected Students

Tuesday December 9

Orientation Day

Friday December 12

Whole School Assembly 2:45pm

Monday December 15

Roy Dore Fun Day

Wednesday December 17

2025 Foundation Graduation

Foundation and Year 1 Carp Christmas Show

Thursday December 18

Year 6 Graduation

Friday December 19

Whole School Assembly 1:00pm

Last Day Term 4 – **1:30pm Finish**

Principal's Report

With only five weeks of the term remaining, it is truly amazing how quickly the year is flying by!



I would like to take this opportunity to congratulate Asher from 5D who received the 2025 Greg Sher Memorial Award. Congratulations, Asher on this wonderful achievement!

Class placements for 2026

Class placements for 2026 will be devised by your child's current teacher. Your child's teacher is best placed to have an accurate understanding of their future learning goals. Below is an article by Judith Locke, a clinical psychologist, who unpacks the class placement predicament. Please trust the very involved processes we have here at Patterson Lakes, knowing that every child's educational wellbeing is considered by all members of the team.

Class Placements Article by Judith Locke

At this time of year, class lists are often a hot topic, and many parents might be doing everything they can to get their child in a particular class with a specific friend or teacher – but is it the best idea?

Most people like a sense of control in their life. They want to be able to predict broadly what is going to happen to them every day and the surroundings in which they will be spending their time. Some crave this predictability and influence more than others – these people are more likely to become fearful when they don't have that sense of control or are unsure of what is going to happen next. This is because they predict that they won't be able to cope unless situations are exactly the way they like them.

If your child is like this then they may be a little bossier than other children, worry a little more, or be less compliant with directions with which they don't agree. They might be a combination of all three. (Lucky you!).

The parents of these types of children often put high effort into ensuring their children are less affected by change or less anxious. These actions might be in the form of telling them exactly what is going to happen every day, letting them get out of things they don't want to do, always catering to their child's wishes, or working behind the scenes to make everyday events exactly as their child likes them. These actions might make the child immediately happier or make the family initially more harmonious, but it has serious long-term results. If your child is like this then they may be a little bossier than other children, worry a little more, or be less compliant with directions with which they don't agree.

The main issue is that when you allow someone to always dictate the terms then you don't teach them that they can cope when things aren't exactly the way they want. This action reinforces a child's faulty belief that they need to be in charge, or experience particular outcomes, to be able to cope. When parents constantly make things immediately better, by allowing their child to get out of situations they are a little unsure of, then the child will start to believe they truly can't cope with challenge, because their parent's actions reinforce this belief. Inadvertently, over time, the child's anxiety, bossiness, or poor behaviour will increase.

It is not only parental actions that reinforce this belief in children. Unfortunately, many schools have started to cater to worried children more by giving them a bigger say over a lot of things, including their class placements. Some schools give children the opportunity to choose a best friend or even a 'top five' of children they would like to be in their class.

These actions are somewhat understandable. When schools don't do this they invariably get many parents contacting them. Indeed I have had many school staff tell me that the first few weeks of schools are dominated by calls from parents with class movement requests or demands.

So, what do I suggest? Here are four recommendations.

Even if your child is offered an opportunity to choose, I would encourage you to suggest they don't nominate anyone and see what happens.

1. I don't believe schools should give students the opportunity to choose a friend to be in their class. Giving such a choice implies that they need it and makes them rely too much on one or two people – this will stop them developing their social skills to make other friends. It inadvertently suggests that the child is incapable of making new friends or that they can't cope when their environment is not exactly the way they want. Don't worry about your child coping. You can rely on the fact that teachers usually undertake activities in class that help children to get to know each other, early in the year. Even if your child is offered an opportunity to choose, I would encourage you to suggest they don't nominate anyone and

see what happens. In this, you encourage them to be confident in their skills to cope with a new set of classmates and develop a potential new set of friends.

2. I would advise parents against relying on setting up particular friendships through arranging social events with another child who will be in the same primary or high school. Parents can't know their child will be in the class of the friend they have set up, and relying on that is a false comfort for the child. A much more helpful activity would be to take them to a local park where other unknown children are and have them practice how to start up conversations and play or have them join extra-curricular activities with children they don't know. This will encourage them to be more socially confident when they get to a new school.

It is in these actions you may just encourage your children to believe in themselves more.

3. I don't think that students should be able to choose their teacher. Often they will prefer a teacher who is, in some way, easier – not as challenging, a little more lax, sweeter, or more complimentary. Teachers all have their individual strengths. Slightly tougher teachers can challenge children a little more, via setting slightly higher standards or not being so frivolous with praise and reward. This approach builds children's internal drive more than their tendency to want to please others and will start to reduce a child's reliance on external motivation such as easily given praise or regular reassurance. This, in turn, will make them more independent, self-motivated learners – all essential skills for future academic and employment success.

4. If a parent does ask a school to change a child's class, I suggest the school doesn't, unless there is a really good reason. Being upset because they wanted to be in their friend's class or preferred to have another teacher is typically not a good enough reason. If anything, it shows that the child hasn't faced enough tricky or uncomfortable times to teach them that they can cope with slight challenges or disappointment. This is usually the sign to start to step up the challenges they face, in a broadly supportive environment for them.

Making friends at school is a wonderful by-product of the main task at hand – to learn. Their effort should primarily be in developing new skills, not overly focussed on being in the constant company of their best friend. Indeed, immersing themselves in study and school activities will help them cope with early social awkwardness but have the by-product of making friends naturally and over time.

Schools are not there to make children constantly happy and successful... indeed, if that is the main goal then they will fail to teach children strength, resilience and adaptability. So parents please step back, trust the school you chose, and show your child you believe in their ability to cope in a new class environment with a new group of people. It is in these actions you may just encourage your children to believe in themselves more.

Tips

- If your child is anxious about starting a new class with unfamiliar people, do listen to them talk about their fears, but normalise them (“A lot of people feel worried about starting something new”), and then talk about their past strengths in facing tricky things and your confidence that they will cope with this challenge.
- When they come home from their first day at a new activity, keep your questions broad, “How was it?” not, “Did you make a friend today?” or “Is Sam in your class?” This won’t put unnecessary pressure on them or suggest things in which they should be disappointed.
- Keep your and your child’s expectations realistic. It is highly unlikely that they will form close friendships in the early days of a new school year, particularly in early primary school. How often have you started a new job and come home from your first day to announce, “I made my new best friend today”?
- There are things you can say if your child is not in a class they want to be in:
 1. Listen to them. Then reflect back what you hear. *“You’re upset because your friend is not in your class. That is a completely understandable feeling”. Or “Sounds like you are upset because you didn’t get the teacher that you wanted.”*
 2. Then state the potential benefits of facing this challenge, i.e. making extra, new friends; learning skills to make new acquaintances; being able to focus more on schoolwork in class than talking to their current best friend; learning how to work with a different type of teacher than the one they had last year.
 3. Maybe tell them a story about how you learned a lot from a teacher you had who was a bit tougher but taught you a lot, or a time you went somewhere where you didn’t know anyone but learnt how to get on in unfamiliar environments.
 4. Let your child know that they can still see their friend/s at lunchtime or at play dates or parties.

© Judith Locke.

Dr Judith Locke is a clinical psychologist, former teacher, and the author of the parenting book, [The Bonsai Child](http://www.bonsaichild.com) (www.bonsaichild.com)

INTERNATIONAL COMPETITIONS & ASSESSMENTS FOR SCHOOLS (ICAS)

- ENGLISH, SCIENCE & MATHEMATICS RESULTS FOR 2025

Thanks to Mr Hodge for organising the ICAS Assessment opportunities in English, Mathematics and Science for our Years 3-6 students this year. These are optional tests

conducted by the University of New South Wales which are completed by students right across Australia and other neighbouring countries.

Certificates for our high achievers who achieved 'Merits' (Top 35%), 'Credits' (Top 25%) and 'Distinctions' (Top 10%) will be handed out at our next assembly on Friday, 14th November.

English

We had 19 students from Years 3-6 participate. 1 student received a 'Credit', 3 received 'Merits' and the remaining 15 received 'Participation' certificates.

Congratulations to the following high achievers in the ICAS English:

Luna I (5D) – Credit

Ivaan S (3C) – Merit

Emma H (4B) – Merit

Linga W (5D) – Merit

Mathematics

We had 28 students from Years 3-6 participate. 1 student received a 'Distinction', 7 received 'Credits', 3 received 'Merits' and the remaining 17 received 'Participation' certificates.

Congratulations to the following high achievers in the ICAS Mathematics:

Ivaan S (3C) – Distinction

Benjamin P (3A) – Credit

Jobe H (4B) – Credit

Ethan E (4A) – Credit

Peylina P (4A) – Credit

Samantha K (4B) – Credit

Aarohi S (5B) – Credit

Nathan H (5B) – Credit

Flynn S (3A) – Merit

Linga W (5D) – Merit

Penny P (5D) – Merit

Science

We had 16 students from Years 3-6 participate. 2 students received a 'Distinction', 2 students received 'Credits', 1 student received a 'Merit' and the remaining 11 received 'Participation' certificates.

Congratulations to the following high achievers in the ICAS Science:

Ivaan S (3C) – Distinction

Jonathan K (6B) - Distinction

Samantha K (4B) – Credit

Linga W (5D) – Credit

Ethan E (4A) – Merit

STUDENT OF THE WEEK AWARDS

Congratulations to the following students who won our 'Student of the Week' awards for Term 4 Week 5 and Week 6. Students will receive their certificates at the next assembly on Friday November 14. Keep up the terrific work everyone!

Week Five

Foundation A Malakai P for his excellent effort in Writing. Well done!

Foundation B Lilah F for your positive progress in Writing.

Foundation C Emmett S for contributing to class discussions with great enthusiasm. You're a star Emmett!

Foundation D Vicky L for her awesome effort when sounding out and spelling words. Well done, Vicky!

1A Bradley S for his dedication to learning. Congratulations, you have been a superstar in the classroom Bradley.

1B Mae C for the effort you have put into your writing. It is wonderful to see such interesting pieces of writing, Mae. Well done!

1C Benjamin F for his excellent effort and success in recent math lessons. Well done, Benjamin!

2A Aria S for always putting 100% effort into every task and modelling excellence in our classroom.

2B Zali B for always being super organised with her school work and following the class code of conduct. Well done, Zali!

2C Ashton O for a great job telling quarter to and quarter past time in Maths on both analogue and digital clocks.

3A Thomas S for working really hard this year on his literacy and numeracy skills. Keep up the good work, Smithy!

3B Violet K for her amazing job on her 6 Times Tables! Well done, Violet. You are a Superstar!

3C Jackson G for showing great improvements in his numeracy skills this year. Well done, Jackson!

4A Harrison M for applying himself to his work, tuning in promptly and getting the job done, particularly with his maths tasks. Well done.

4B Ruby L for maintaining focus, and modelling excellent work habits and management skills at all times.

4C Peyton B for always displaying our school values and for being such a delight in the classroom. Keep up the amazing effort, Peyton!

5A Charlie Q for engaging in the interschool sports cricket team. Your athletic skills are commendable and I applaud your team spirit. Keep it up!

5B Sianna C for her wonderful writing skills by using descriptive vocabulary and figurative language to make it engaging for the reader.

5C Josh Q for being a polite and respectful member of the classroom.

5D Harry N-F-K for finding gold at Sovereign Hill and sharing his technique by teaching others how to pan for it too. Great team work, Harry.

6A Sienna H for always putting 100% effort into every task and modelling excellence in our classroom.

6B Archie C for ongoing excellence in all school activities.

6C Koen B for consistently demonstrating the school values in your role as a House Captain. You always set a great example to others!

Week Six

Foundation A Georgia L for being so dedicated to your learning and applying your skills daily. Well done Georgia, I am so proud of you!

Foundation B Archie P for being a reliable and honest student.

Foundation C Sage V-A for her fabulous writing about Crazy Hair Day! Great work, Sage!

Foundation D Nate G for being a great friend to everyone in Foundation D. You are a valued member of our class, Nate!

1A Aaliyah A-W for always displaying our school values in the classroom. You are a valued member of our 1A team.

1B Charlotte K for extending yourself by trying more challenging Maths tasks. Well done, Charlotte!

1C Bella S for being a consistently well mannered and conscientious student. Keep it up, Bella!

2A Bodie C for her dedication to her MiniLit tutoring. You're a star, Bodie!

2B Maggie M-M for her great understanding of division and following our Class Code of Conduct! Keep it up, Maggie.

2C Tiffany F for the persistence and concentration you put into your reading assessment online. You proved how much you have grown!

3A Ira L for always working hard and being a great class mate to her peers. Well done, Ira.

3C Chloe V for her amazing efforts with her Inquiry project and Mathematics this term.

4A Olivia W for her figurative understanding of subtle cues/messages when reading. Excellent work!

4B Jeremiah B for your flair and character shining through in your written work. Keep up the enthusiasm for learning.

4C Juliet V for always putting her best effort into everything she does, and always displaying our school values. Keep up the excellent work, Juliet!

5A Ruarc D for your dedication and responsibility in your work. You have demonstrated you are a hard worker this term and can work efficiently within group activities. Keep up the great work!

5B Romeo O-B for great fluency with his reading and displaying lovely manners.

5C Mitch I for producing a wonderful information report on elephants.

5D Lexi U for being a reliable, kind and honest student. You are amazing, Lexi!

6A Kyan R for always working hard and being a great class mate to his peers. Well done, Kyan!

6B Marcus R for ongoing excellence in all school activities.

6C Lara D for your dedication and excellence in class and also your work as a member of the Junior School Council. Well done!

HAPPY BIRTHDAY



Happy Birthday to the following students who are celebrating their birthdays over the next couple of weeks

15 November

Cruz V

Nathan H

16 November

Tatiana L

Ava D

Dani G

Gracie H

Mitchell M

Indi R

17 November

Dylan R

Frankie F

18 November

Caoimhe Q

19 November

Ruby W

Blair M

Levi T

20 November

Jed T

21 November

Jordyn F

Aaaryash S

25 November

Noah A

Stella J

Seb H

26 November

Noah K

27 November

Archie B

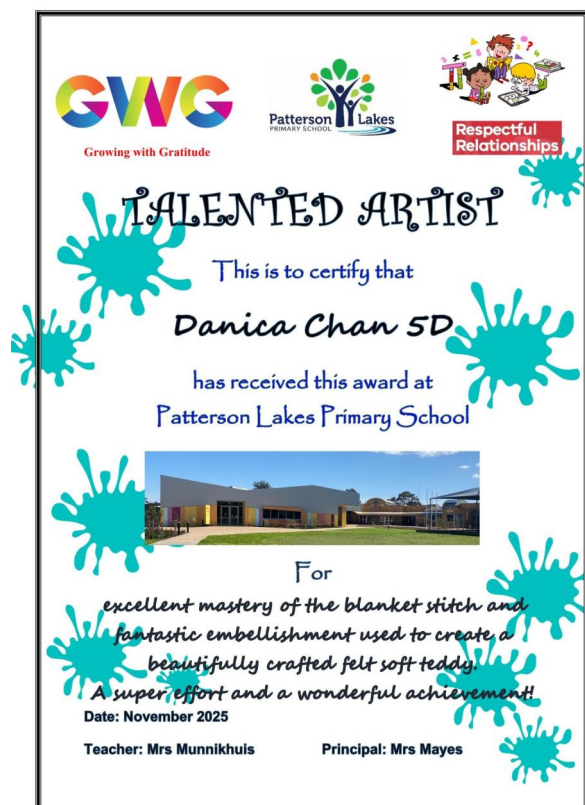
Bella S

Lexi F

28 November

Hendrix O-B

Talented Artist Award





TALENTED ARTIST

This is to certify that

Olivia Skipsey SD

has received this award at
Patterson Lakes Primary School



For

excellent mastery of the blanket stitch and
fantastic embellishment used to create a
beautifully crafted felt soft teddy.

A super effort and a wonderful achievement!

Date: November 2025

Teacher: Mrs Munnikhuis

Principal: Mrs Mayes



TALENTED ARTIST

This is to certify that

Hamarni Jakusic 6C

has received this award at
Patterson Lakes Primary School



For

excellent mastery of the blanket stitch and
fantastic embellishment used to create a
beautifully crafted felt soft teddy.

A super effort and a wonderful achievement!
Date: December 2025

Teacher: Mrs Munnikhuis

Principal: Mrs Mayes



TALENTED ARTIST

This is to certify that

Vincent Nguyen 6A

has received this award at
Patterson Lakes Primary School



For

excellent mastery of the blanket stitch and
fantastic embellishment used to create a
beautifully crafted felt soft teddy.

A super effort and a wonderful achievement!

Date: December 2025

Teacher: Mrs Munnikhuis

Principal: Mrs Mayes



Environment Leaders - Coastal Catchments Workshop

We'll do to our Environment Leaders on another wonderful day out, learning about our vibrant local marine environment and the harmful impact of plastic waste. At Rickett's Point Marine Sanctuary we explored rock pools and were joined by Skylar from Living Culture who explained the important connection the Boonwurrung community have to Port Phillip Bay. We found lots of crabs and tasted delicious coastal bush tucker. Yum!





Year 4 Weather Incursion

On Tuesday 28th October the Year 4s had an incursion about the water cycle and weather. Carmen, our host, first showed us some experiments.

The first experiment was the boiling kettle. Carmen boiled some water and steam was bursting out! Carmen explained that the steam was evaporating. Then we did the balloon on a bottle experiment. Where the balloon in the hot water had risen up, and the one in the cold didn't.

For condensation, Carmen was telling us that your breath is only visible when it's cold. So, she got a cold jar and breathed into it. That way she proved you can only see your breath when its cold.

After we did all that, we did something ourselves! We had a jar with water (the sky,) and we put shaving foam on the top (the clouds,) and then we put blue food colouring as the rain.

Next, we made a tornado from two bottles. There was water in them and we had to shake the bottles to make one. I only made a small one though.

And lastly, we did the plasma ball. We all lined up and had goes touching it. It followed your hand and was pretty cool!

Overall, it was a great incursion, and I'd love to do more! By Zac 4A





2026 Patterson Lakes Swim Team Trials

We are pleased to announce that swimming trials for the **2026 Patterson Lakes Swim Team** will be held later this year. These trials will help determine each student's swim events, allowing them to focus their training over the summer break. This event is open to any child turning **9 years** and above next year.

Event Details

Location: Pines Aquatic Centre – Forest Drive, Frankston North VIC 3199

Date: Wednesday, December 3, 2025

Trial Schedule

Freestyle: 9:30am – 10:20 am

Backstroke: 10:20am – 10:50 am

Breaststroke: 10:50am – 11:10 am

Butterfly: 11:10am – 11:30 am

Please note that parents and guardians are responsible for transporting their child to and from the venue on the day.

Mr. Patane and Mr. Koppens will be present to greet students and conduct the trials upon arrival.

Thank you for your continued support — we look forward to an exciting season ahead!

NB: Please contact the office on 9772 4011 and let Louise or Rachael know if your child(ren) will be attending, so they can mark their attendance accordingly.

Warm regards,

Adrian Patane

Specialist Leader and PE Coordinator

2025 Crazy Hair Day!





Kitchen & Garden Program

Week One we stirred with cheer,

Sweet meringues did soon appear.

Whisked so light, they melted fast —

A sugary start that couldn't last!





Off to Italy for Week Two,

Homemade pasta — dreams come true!

Creamy Alfredo, garlic bread too,

Our kitchen smelled like Rome would do.





Week Three took us to sunny Greece,
Where gyros brought us joy — and grease!
Flatbreads rolled and tzatziki made,
A feast of flavour proudly displayed.





Week Four was spooky — Halloween time!

“Mummy” rolls and oranges shined.

We sipped fresh juice with laughs so sweet,

A frightful feast no ghost could beat.





Week Five came, the Melbourne Cup,
 With silverbeet slice to fill us up.
 Fresh from the garden, hats on display,
 Our tasty race-day saved the day!
 Each week we cook, we learn, we play —
 In our kitchen, the fun's here to stay!





Garden Club & Breakfast Club



Highlights

We hope everyone enjoyed the long weekend. We had a great day on our pupil free day. The highlights for the day were scratch art, clay creations and making pizza muffins!



Throughout the week the older children have enjoyed using our new board game Chameleon. Its a game about deduction and it has been great seeing the older children being excited by our new resources!

24th of November - PFD

Monday the 24th of November is National Fairy Bread Day. We will be celebrating our day with baking damper and churning our own butter to create fairy bread from scratch! We will also be making wind chimes and rainbow salt art.



TC Titans

Week 3 of our TC Titans consisted of doing popular Just Dances. The children enjoyed being able to request dances. Afterwards a group of children asked to play musical statues to Kpop Demon Hunters which was a blast!



TcTucker

So far we have created Fro-Yo Granola cups and Sushi Sandwiches. The children loved the idea of Sushi Sandwiches which sparked conversations surrounding Japan and what everyone's favourite sushi orders are.



CONTACT SERVICE:

📞 0447 752 950
✉ pattersonlakes@theircare.com.au

TC HEAD OFFICE:

📞 1300 072 410
✉ info@theircare.com.au

www.theircare.com.au



Mad Science Monday



Exploring colour mixing and shapes
with our new wooden framed shapes

Tranquil Tuesday



Calming Jars with water and oil

World Wednesday



Exploring the origin of Halloween

Training Thursday



Getting active with soccer games

Fun Friday



DIY Scratch Art with paint and oil
pastels

Spanish Corner



Sunsmart



A reminder that all students must now wear school hats during any time spent outside.

Students are required to wear their hats during all outdoor activities until **Thursday, 30 April 2026**. When UV levels reach 3 or above, it is strongly recommended that students wear hats and apply sunscreen to protect against sun exposure.

You can check daily local sun protection times using the **SunSmart widget** on the school's website, the **free SunSmart app**, or by visiting **[sunsmart.com.au](https://www.sunsmart.com.au)**.

School hats can be purchased through our uniform supplier, **PWS in Carrum Downs**.

Thank you for your support in helping keep our students sun-safe.

TK Tuckshop - Monday, Tuesday & Wednesday

Lunch orders will be available every **Monday, Tuesday** and **Wednesday** through TK Tuckshop and of course we will be continuing with our Subway lunch orders each Friday through Canteen Hub.

Simply order by 8am on the day via the app (except for Sushi which needs to be ordered the day prior by 10pm for preparation) and the food will be delivered approx. 11am just prior to our lunch break at 11.30am

Canteen Hub - Subway Fridays



WELCOME TO CANTEEN HUB



GETTING READY TO PLACE YOUR FIRST ORDER

- 1 Create a new profile at canteenhub.com.au/register-customer
- 2 Add Profile: Set up children or yourself under the Profiles tab
- 3 Search for your school via postcode or name
- 4 Select your class
- 5 Head to Order Now
- 6 Select the person you are ordering for
- 7 Select items from the approved menu & finalise your order
- 8 To place orders for multiple people. You will be asked when you finalise your first order if you would like to place another order for another profile (person)

✉ help@canteenhub.com

🌐 canteenhub.com.au

Orange Tree Music



Music lessons at Patterson Lakes PS:

PIANO, GUITAR, UKULELE, VIOLIN, DRUM and VOICE

Lessons are offered during and after school hours with Orange Tree Music.

Lessons are \$44 for half an hour (private lessons) or \$18 for group lessons.

****all instruments are available for hire**

Simply enrol using the link:

<https://www.cognitoforms.com/OrangeTreeMusic/OrangeTreeMusicStudentEnrolmentForm>

If you have any questions call Carol on 0411 402 102

Community Organisation Ads



Chelsea Heights
Netball Club
Players & Coaches
Wanted for 2026!

Chelsea Heights Netball Club is looking
for Players and Coaches across all
age groups for our 2026 season.

Under 9s: Born 2017–2018

Under 11s: Born 2015–2016

Under 13s: Born 2013–2014

Under 15s: Born 2011–2012

Under 17s: Born 2009–2010

Whether you're looking to join a team
or form your own, we'd love to chat and
help you get started.

CONTACT US AT
chelseaheightsnetballclub@gmail.com

Supporting
Our Local Communities

**NICHOLS
CROWDER**

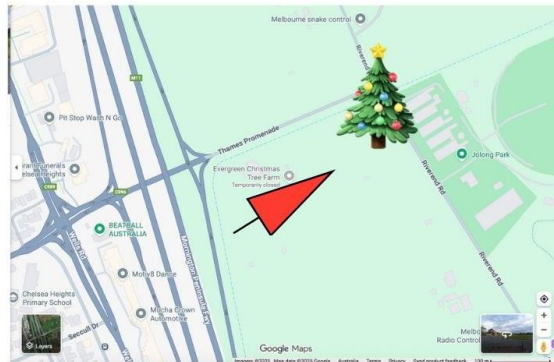
HOHOHO!

**IT'S NEARLY THAT
TIME OF YEAR AT**



Evergreen Christmas Tree Farm

240 Thames Promenade, Bangholme



Opening weekend
Saturday November 29th

Opening weekend come down and enjoy some
breakfast with the Chelsea Rotary Club being
back serving up bacon and egg rolls!



COMING SOON!



KIDS ART CLASSES

with Han's Creative Corner

SCAN THE QR CODE TO
JOIN THE WAITLIST!



Where?

Patterson Lakes Community Centre

Find out more at

www.hanscreativecorner.com.au

8-12 Years Old Yoga Classes

Thursdays 4:30-5:30pm

Term 4

@YBMSWS, 52/107 Wells Road

Contact: katie@mindbodygrow.com.au



Fun and engaging
breath and movement
activities to support
emotional regulation
and busy minds.

Helping young
people build their
wellbeing toolkit!

***Limited spots
available***

\$10 Intro
Classes

www.mindbodygrow.com.au

Junior Sports Program at

Springvale
Indoor Sports



Ages: 5-11 y.o

Day&Time:

Mondays & Wednesdays

5:30-6:30PM

Costs: \$15/session



GET READY TO

- ✓ Develop Essential Skills
- ✓ Make Friends
- ✓ Get Active

REGISTER NOW

(03) 9547 2555



Kids Parties

- Space Jump Party
- Dodgem Car Party
- Sports Party
- Bubble Soccer Party
- Nerf Party
- Lasertag Party

Carrum SLSC 2025/2026 Nippers

Age Groups Under 6 - Under 13
Sunday 16 Nov 2025-Sunday 1 Mar 2026
(Incl. breaks for holiday periods)
Competition Training Available
Age and Skill Dependant

Learn skills in:

- Surf and beach awareness
- Wading and Beach Running
- Swimming (Age group dependant)
- Board Paddling (Age group dependant)
- Games

Registrations and Expressions of Interest

Email interest: info@carrumslsc.com





REGISTER NOW FOR

JUNIOR FUTSAL LEAGUE

THURSDAY EVENINGS

STARTING 8-OCTOBER | 5-A-SIDE

U10S & U13S | BOYS & GIRLS

KIDS PARTIES

- Inflatables
- Lasertag
- Bumper cars
- Bubble Soccer
- Nerf
- Sports

@ SPRINGVALE
INDOOR SPORTS



Tel 9547 2555



TERM 4 BOOKINGS AVAILABLE FOR KIDS AND ADULTS

HOLIDAY PROGRAM

FREE TRIAL

WWW.CHELSEAHEIGHTSTENNISACADEMY.COM.AU

TENNIS

LION BUSHIDO
MARTIAL ARTS ACADEMY

KIDS KARATE CLASSES

Our kids karate class is the perfect blend of fitness, focus, and friendship.

FREE UNIFORM
WITH MEMBERSHIP

AVAILABLE FOR
7-13
YEARS OLD

CLASSES AT PATTERSON LAKES
PRIMARY SCHOOL, PATTERSON LAKES

www.lionbushido.com

SPOTS AVAILABLE
U11 / 12 GIRLS TEAM

COMMUNITY TEAM SPOTS AVAILABLE

FOR MORE DETAILS CONTACT
TRACEY ON 0404790355



THE CLUB TO BE WITH

✉ footballops.chelseafcaustralia@gmail.com



SEASON 2025-26

WE ARE **FRIENDSHIP**

Have fun and make new friends

Participating in athletics is a great way to spend time with your friends, achieve your personal best together, and have fun along the way!



Seaford Little Athletics

Register today
seaford@lavic.com.au





WE ARE **COMMUNITY**

Join our community and
experience the joy of athletics!



SEASON 2025 - 26

REGISTER TODAY

seaford@lavic.com.au

Seaford Little Athletics



COMPLETE GROUP FITNESS

GET IN TOUCH TODAY FOR A 7 DAY FREE TRIAL!

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