



Patterson Lakes Primary School

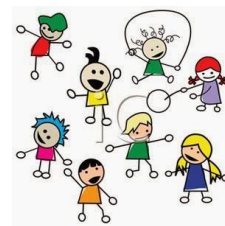
Sport Information

Years 3 - 6

2020

PE Lessons:

All students participate in a 50 minute lesson per week of Physical Education. Please ensure your child wears their sport uniform on their P.E day, including appropriate running shoes and hat (mid August - 30th April).



Swimming:



A swimming program is provided for the Year 4, 5 and 6 classes at PARC Frankston. Year 3 - 6 will also have the Swimming Carnival. In addition: Year 3 – do swimming safety at camp, Year 4 will be doing beach safety activities on camp, Year 5 will be having a whole day destination TBA, whilst Year 6 students will be attending PARC swimming pool for the day. All year levels at PLPS will meet the requirements of the Victorian Curriculum in P.E. It is expected that all students participate in their designated swimming program, like any other school learning program.

Runners Club:

The Runners Club morning will commence on Thursday the 20th of February (week 4). The time of 8.35am - 8.40am weather permitting on the school oval and is open to all students, siblings and parents. The new time is for a smoother transition to the school bell. This will allow students enough time re-hydrate and have additional food before class.

Students can run, walk or jog as many laps as they can and record their results. Special awards will be handed out at the end of the year for students with the most laps overall and there will be a year-end Runners Club breakfast. **Please note – if it is extremely wet or raining, this will be cancelled. There is no exception to this rule.**



School Sport Carnivals (Swimming/Cross Country/Athletics):

Our school runs three major senior school sporting carnivals: Cross Country (Term 1, pending council approval), Athletics (Term 2) and the Swimming Carnival (Term 4). These carnivals are for all students in Years 3-6. Students compete representing their Houses (McLeod, Thompson, Wells and Gladesville). Results from these carnivals are used in order to select our schools District Teams. **Please note:** Students turning 8 years old this year, will not be eligible to progress to District. The student must be turning 9 or older to compete at District level.





Progressing to District>Division>Regional>State Levels

Individual students selected to participate in district swimming, cross country and athletic events will be recognised at school, receive a permission form, announced in the school newsletter and listed on the school's **Sports Noticeboard (opposite Room 9)**. If students are successful at District they will progress to Division, Regional and then State. Extra costs for Bus Travel will incur for these selected students.

Interschool Sport (Year 6 only): Interschool Sport is run most Friday mornings. Year 6 students select a sport to compete in against other local schools. Games are played either at our school, the opposition's school or local sporting grounds. During Terms 1 and 4 students select a summer sport from Walla Rugby, Cricket, Basketball and Volley Stars. In Terms 2 and 3 students select a winter sport from AFL, Soccer, Netball and T-ball. Students compete in their teams at a summer and winter Lightning Premiership during the year. Successful teams progress as follows District> Division> Regional> Conference> State.



Students are to wear their normal school uniform to school and bring their house polo's to change into after sport. Students may receive a team uniform to compete in on the day as well. Students playing **soccer** must wear shin pads when playing (provided by the school or bring your own). Students playing **AFL, Basketball** and **Waller Rugby** must wear a **mouthinguard**. Footy boots are optional. Other specialised protective gear will be handed to students for special roles in Cricket and T-ball.

There are numerous sporting opportunities provided to students at PLPS, particularly during Years 3 - 6. The following information may be new to many parents and is provided to help clarify our programs and processes for progressing to higher competition levels.

If you have any questions at any time, please contact Adrian Patane

patane.adrian.j@edumail.vic.gov.au

School Sports Victoria

The registration process is now open, please click on the links below and choose which sport you would like to register your child for. Approval must be given by Adrian Patane and a signature is required from Carole Mayes after consulting with Adrian. Please note our school can only endorse 3 students, many of these spots have already been filled, late last year.

This includes the following teams and age groups:

Australian Football 15 years and under, **Baseball** 17 years and under, **Hockey** 12 years and under, **Netball** 15 years and under, **Softball** 17 years and under, **Tennis** 18 years and under.

You can also register for the following teams however you are required to check with your school before registering, as you will require school principal endorsement to go to the trials:

Australian Football 12 years and under, **Basketball** Boys 12 years and under, **Basketball** Girls 12 years and under, **Football (Soccer)** Boys 12 years and under, **Football (Soccer)** Girls 12 years and under, **Netball** 12 years and under.

<http://www.ssv.vic.edu.au/pages/parents.aspx>

<https://www.ssv.vic.edu.au/team-vic>

KEY SPORTS DATES 2020

District Swimming	<i>Pines Aquatic Centre</i>	Wednesday 19 th of February
PLPS Cross Country Run	<i>TBA</i>	Thursday 27 th of February
Summer LP (YR 6'S)	<i>TBA</i>	Thursday 5 th of March
Division Swimming	<i>TBA</i>	Wednesday 11 th of March
PLPS Athletics Carnival	<i>Ballam Park</i>	Thursday 30 th of April
District Cross Country	<i>Cornish College</i>	Monday 18 th of May
Winter LP (YR 6'S)	<i>TBA</i>	Friday 12 th of June
Division Cross Country	<i>Duncan Mckinnon</i>	Monday 1 st of June
District Athletics	<i>Ballam Park</i>	Friday 28 th of August
Division Athletics	<i>Duncan Mckinnon</i>	Tuesday 6 th of October
Swimming Carnival	<i>Pines Aquatic Centre</i>	Thursday 3 rd of December

***Note – These dates may be subject to change**

The Patterson River Run is pending approval from the Kingston Council